

2020 New Zealand Open Water Championships

11-12 January 2020, Lake Taupo, Taupo

Swimming New Zealand policies and the New Zealand swimming rules govern this competition.

This meet is open to financial, registered (at the time of competition) Swimming New Zealand Competitive Swimmers and foreign swimmers registered with foreign FINA affiliated swimming federations. All participants must agree to comply with the Sports Anti-Doping Rules.

This is a living document and amendments may be made. For the latest information, please check to the Event Page on the <u>Swimming New Zealand website</u> to ensure you have the correct version.

Meet Contact

Anthony Bowler Event Manager 021 569 436 anthony@swimming.org.nz

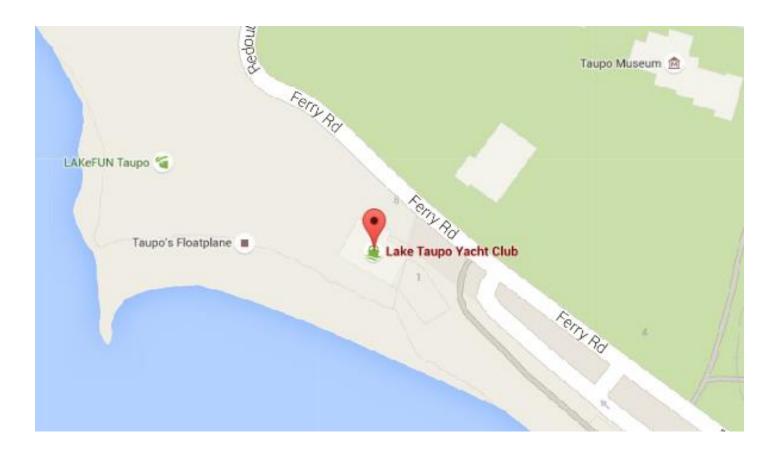
Technical Director

Paul Matson Technical Director

paul@lifeuwant.co.nz

Venue Address

Lake Taupo Yacht Club 9 Ferry Road Taupo 3330





General Entry Information

Entries Open 11 October 2019

Entry Deadline

Tuesday 17th December 2019 at 11.59pm. Late entries will not be accepted.

Entry Process

All entries must be submitted via the SNZ National Database. Individuals will be able to access and complete their entries online via their MyPage.

There is no limit on the number of individual event entries.

Qualification Criteria

Age as at 11 January 2020

There are no qualifying times for the 2020 NZ Open Water Championships.

Entry Fees

Entry fees are NZD\$35.00 per individual event and NZD\$50.00 for relay events.

Entry fees must be paid prior to the start of the meet. If they have not been paid it could result in the withdrawal of swimmers.

Clubs that have not paid the required entry fees at the closing date of entries will be invoiced by Swimming New Zealand.

No Refunds for any withdraws before or during the meet. Refunds for any medical withdrawals can be considered if a signed medical certificate is supplied.

International Entries

Visitors will be able to submit entries using either the TM File or spreadsheet available on the event website. These need to be emailed to <u>events@swimming.org.nz</u> by the entry deadline date specified above.

Foreign entries also need to be accompanied with a signed Travel Authorisation Form/Letter from the national federation.

Foreign clubs are required to provide a proof of entries report upon submission of entries.

There is no limit on international visitor Foreign Entries.



Event Specifications

Distance	Gender	Age Groups	Day
10km	Male, Female	15-17, Open	Saturday Morning
7.5km (run with the 10km)	Male, Female	13-14, 15-17	Saturday Morning
5km	Male, Female	13-14, 15-17, Open	Sunday Morning
2.5km	Male, Female	12-14, 15-17, Open	Saturday Afternoon
4 x 1km Relay	Male, Female, Mixed(2x2)	16 & Under, Open	Sunday Afternoon

NOTE: As the 7.5km is run in conjunction with the 10km participants may only enter one of these races.

Psych Sheets

Preliminary Psych Sheets will be posted on the SNZ website on WEDNESDAY 18th DECEMBER 2019

Corrections and changes to psych sheets are to be sent to <u>events@swimming.org.nz</u> by **11.59pm THURSDAY 19th DECEMBER 2019.**

Final Psych Sheets will be posted on the SNZ website on: **FRIDAY 20th DECEMBER 2019.**

Medal Ceremonies

Medals shall be awarded for the 1st, 2nd and 3rd New Zealanders in all events.

Medal Ceremonies will take place as soon as practicable after the finish of each event. If for any reason there is a delay in the results being available, the medal presentation for that event will take place as soon as possible.

Dress Standard for victory ceremonies:

- Club or Regional t-shirt, jacket or sweatshirt.
- No Caps or Goggles.
- No towels to be wrapped around the waist.

Prize Money

Prizemoney will be awarded for 1st place overall for both Male & Female in the 2.5km, 5km, 7.5km and 10km races.

Distance	Prize Money
10km	\$500
7.5km (run with the 10km)	\$400
5km	\$300
2.5km	\$200



Withdrawals

Swimmers withdrawing from the event must inform Swimming New Zealand prior to **5pm Friday 10 January 2020**. Please contact the SNZ Events Manager, at <u>events@swimming.org.nz</u>. Any swimmers withdrawing from the race after numbering are required to inform the Clerk of the Course of their withdrawal and may face penalty fees.

<u>Other T's & C's</u>

Event Photography and Livestreaming

Participants who have entered this event agree to allow photograph, video multimedia or film likeness taken by accredited photographers to be used for any legitimate purpose by Swimming New Zealand or others as approved by Swimming New Zealand.

Athlete Competition Information

Pre-Event Training

Pre-event training is as follows:

Friday 10th January 2020: 2.00pm – 5.00pm

The course will be set up for training during this time. Two IRB Safety Boats will be on course during this time. Safety of swimmers outside of this time is the responsibility of the individual swimmer.

Start Times

Saturday 12 January	10km	7.5km	2.5km
Male	8.30am	8.30am	12.00pm
Female	8.35am	8.35am	12.35pm
Sunday 13 January Male Female	5km 8.30am 8.35am	4 x 1km Relay 11.00am (M, F, Mixed)	

Race Course

The race course is a 2.5km rectangular set-up and can be found below. Swimmers must swim anticlockwise around the course (refer to the course layout diagram).





Swimmers must pass the turn buoys on their left shoulder.

For the 10km race, swimmers must swim the course 4 times.

For the 7.5km race, swimmers must swim the course 3 times.

For the 5km race, swimmers must swim the course 2 times.

Swimmers will be required to swim through a finish gate when completing the race.

<u>Timing</u>

SNZ will have electronic timing for the NZ Open Water Championships. Timing chips will be worn on both wrists; these will be given out at registration. Swimmers will be required to pay \$50.00 per chip if it is lost/not returned.

<u>Caps</u>

Swimmers are to wear their club caps during the event. This is to ensure they are visible from the shore and to the officials. Swimmers wanting to wear a second swimming cap under their club one must ensure that it is a white cap. These will be available for purchase at the race venue.

Registration and Numbering

Registrations for the 2020 NZ Open Water Championships are as follows:

7.00am-7.45am	10km and 7.5km
11.00am-12.00pm	2.5km
7.00am-8.00am	5km
9.30am-10.30am	4 x 1km Relay
	11.00am-12.00pm 7.00am-8.00am

Swimmers must present for each event and will be allocated their timing chip and number for the swim at this point. SWIMMERS are to race in their club branded swim cap.

All competitors are advised to:

- Ensure that all jewellery items have been completely removed.
- Ensure that all acrylic nails have been completely removed.
- Ensure that their finger nails and toe nails have been trimmed so that they do not extend passed the tip of the finger/toe.



- Ensure that they present themselves to registration either with or in their race suits.
- Leave both shoulders and upper left and right arms free of grease or sunscreen, as their competitor number will be tattooed on these areas. Care should be taken when applying grease to ensure that the competitor numbers remain legible.

At the swimmers first registration they will be given a pass. All swimmers must report with this pass at that start of each of their events and also when they register for subsequent events.

*Note: For the 10km and 7.5km, feeders will be required to report to registration with the swimmer – refer to feeder information on following page.

Electronic Timing

SNZ will have electronic timing for the NZ Open Water Championships. You will be provided with two timing transponders when you register for your event.

- You are required to wear a timing transponder around each wrist.
- Failure to complete the race with at least one timing transponder will result in disqualification from that event.
- You are required to hand your timing transponder in for collection at the conclusion of the race.
- Swimmers will be required to pay \$50.00 per chip if it is lost/not returned.

Briefing

A briefing for swimmers will be held as follows:

Saturday 12 January	8.15am	10km and 7.5km
	12.15pm	2.5km
Sunday 13 January	8.15am	5km
	10.45am	4 x 1km Relay

Briefing location will be in one of the marquees on the lake front. The briefing must be attended and will include details of race format, start, race course, finish and race rules.

<u>Wetsuits</u>

FINA rules allow the use of wetsuits in Open Water competitions in the following conditions. When the water temperature taking on the day of the competition is:

- From 16°C and below 18.0°C, wetsuits are mandatory and an approved wetsuit must be worn
- From 18.0°C and below 20.0°C, swimmer may wear may use either an approved swimsuit or approved wetsuit
- From 20.0°C, wetsuits are not allowed and all swimmer must wear an approved swimsuit

For the purpose of these rules, wetsuits are swimsuits made of material providing thermal insulation. Wetsuits for both men and women shall completely cover torso, back, shoulders and knees. They shall not extend beyond the neck, wrists and ankles. Further details of appropriate wetsuits will be available on the event page of the SNZ website.



Withdrawals

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Team Managers Information

Managers Meeting

There will be a team manager's meeting held on **Friday 10th January at 5.30pm, Great Lake Centre.** Team Managers will be given a brief run-down of meet activities, expectations of swimmers and clubs and general delivery of the event.

Each club must have at least **one representative at the meeting to ensure all information** is delivered back to the swimmers.

Race numbers, timing chips and feeder bands will be given out at the registration prior to each race.

Event Communication

During the meet SNZ will use the multi-txt system to communicate to coaches and managers during the meet, please ensure your contact details are correct.

Swim Feeders

A designated feeding area will be provided for the feeding of swimmers during the 7.5km and 10km events. This area will be the only place on the course where a swimmer may be fed. Please note feeding does not occur for the 2.5km and 5km events.

Each swimmer is allowed one (1) handler, who will be required to check in with the swimmer at the time of registration. Once registered, the handler will be given an event specific wrist band. Failure to display this wrist band will result in the handler being denied access to the feeding area.

Feeders will be required to access the feeding boat from the docking ramp behind the event site. Feeders will not be ferried to the feeding boat if they miss their departure from the dock.

Feeders are only permitted to feed using a feeding pole. As per FINA OWS rule 6.12 feeding poles are not to exceed 5m in length when extended. No objects, rope or wire may hang off the end of the feeding pole. The feeding pole must be available for inspection when the swimmer is attending registration.

All entrants are responsible for organising their own handlers.

Results

Results for the NZ Open Water Championships will be posted on the SNZ website as soon as practicable after the event.

Abandonment

If a race has to be abandoned the 10km event shall have precedence over the 5km event. The 5km event may be rescheduled to a later start time, and/or date.



Protests

Protests must be submitted to the referee, in writing, on the protest form by the team manager only within 30 minutes following the conclusion of the respective event. This needs to be accompanied in cash by the \$100.00 protest fee.

If conditions causing a potential protest are noted prior to the event a protest must be lodged before the signal to start is given.

All protests shall be considered by the referee. If the referee rejects the protest, they must state the reasons for their decision. The regional Team Manager may appeal the rejection to the Jury of Appeal whose decision shall be final.

If the protest is rejected, the deposit will be forfeited to SNZ. If the protest is upheld the deposit will be returned.

Service	Address	Phone
Taupo Health Centre (A&E)	113 Heuheu St, Taupo	07 378 7060
The Dentists	7 Motutaiko St, Taupo	07 378 8112
Unichem Pharmacy	113 Heuheu St, Taupo	07 376 5246
Life Pharmacy	35-37 Heuheu St, Taupo	07 378 6100
X-Ray, Lakes Radiology	115 Heuheu St, Taupo	07 377 3372
Physio, Fox Physio	6 Motutaiko, Taupo	07 378 2123
Taupo Hospital	Kotare St	07 376 1000
Emergency – Fire, Police, Ambulance		111
AED	Water Safety Team – Lakefront Reserve Taupo District Council – 21 Story Pl, Taupo Taupo Library – 4 Story Pl, Taupo	

Medical Information



2020 Swimming New Zealand Open Water Championships

	Pre-Meet – Friday 10 January 2020	
Swimmers pre-	meet training on course	2.00pm – 5.00pm
Team Managers	s meeting, venue TBC	5.30pm
	Day 1 – Saturday 11 January 2020	
	Registration opens for events 1 – 4	7.00am
	Registration closes for events 1 – 4	7.45am
	Feeders report to dock for boarding feeding boat	8.00am
	Swimmer briefing for events 1 – 4	8.15am
Event #		Start
1	Men's Open and Age Group 10 km	8.30am
2	Women's Open and Age Group 10km	8.35am
3	Male 13 – 17 years 7.5km	8.30am
4	Female 13 – 17 years 7.5km	8.35am
	Registration opens for events 5 & 6	11.00am
	Registration closes for events 5 & 6	12.00pm
	Swimmer briefing for events 5 & 6	12.15pm
Event #		Start
5	Men's Open and Age Group 2.5km	12.30pm
6	Women's Open and Age Group 2.5km	12.35pm
	Day 2 – Sunday 12 January 2020	
	Registration opens for events 7 & 8	7.00am
	Registration closes for events 7 & 8	8.00am
	Swimmer briefing for events 7 & 8	8.15am
Event #		Start
7	Men's Open and Age Group 5km	8.30am
8	Women's Open and Age Group 5km	8.35am
	Registration opens for events 9 - 14	9.30am
	Registration closes for events 9 - 14	10.30am
	Swimmer briefing for events 9 - 14	10.45am
Event #		Start
9, 10, 11	Open 4 x 1km Club Relay (M, F, Mixed)	11.00am
12, 13, 14	16 & Under 4 x 1km Club Relay (M, F, Mixed)	11.00am